



Buxton Nursery

Woodland Adventures

What are woodland adventures?

At Buxton Nursery we value the learning experiences that spending time outdoors has to offer for our children and so we now offer our woodland adventure programme to children all year round! From September through to May all pre-school children who are due to transition to school in the next academic year will be taken to local woodland sites in rotation to ensure that by the time we reach the summer term all children will have had the chance to participate in sessions and develop a passion and love for spending time and helping to care for our natural environment. We plan to visit a variety of woodland areas including Grinlow Woods, Corbar Woods, Gadley Woods and more. During the final term of the year all children who are transitioning to school will take part in our six-week programme of woodland adventures which take place at a site in Grinlow Woods - this site is a truly beautiful and special area, it is so special to us that we will not be taking children to the site until they begin the six-week programme in the final term. These sessions will take place on Mondays and Fridays (children will be allocated a session to attend that best fits their bookings and the staffing arrangements in place). All the sessions that lead up to this taking place in different woodland areas will help them build up the stamina, resilience and ability to perseverance that is needed for the six-week programme. It really is an opportunity not to be missed, these sessions ensure children experience the magic, awe and wonder of the natural world in a safe, measured and structured way. They really are a highlight of our academic year and prove to be another special opportunity to celebrate the momentous stage of children transitioning to school.

We will post on the family newsfeed when it is time for your child to join in the adventures, reminders and all essential information will be shared via family.

Observations capturing all the fun will be shared on your child's family journal to share the adventures with you.

What does my child need?

This isn't always straight forward given how variable the weather can be in Buxton. Our advice would be to always overprepare, it's better to have too many spare clothes than not enough! Always check the weather forecast to help you plan what is needed but the

following list can be used as a guide to help...

During the winter and colder weather

- Waterproof coat/raincoat (please consider the thickness of these because it can be extremely cold during winter months).
- Waterproof trousers
- Wellies, boots, or sturdy trainers
- Change of clothes and footwear for after (please make sure these are suitable for the weather we are expecting that day).

During the summer and warmer weather

- Waterproof coat/raincoat
- Waterproof trousers
- Wellies, boots, or sturdy trainers
- **Long sleeved trousers and tops** are a must regardless of the weather (this is for protection against brambles and nettles etc).
- Sunhat (this again is helpful whatever the weather because the hat does offer some protection against midges).
- Insect repellent - this is another must, you never quite know what it will be like in the woods until you are there so it's better to be prepared and for it to be already applied.
- Sun-cream
- Change of clothes for after (again please make sure these are suitable for the weather we are expecting that day).

CHILDREN WILL GET MESSY AND HAVE LOTS OF FUN!

We will always take account of the weather and carry out risk assessments to ensure that it is safe for sessions to go ahead. In the event of extreme weather sessions would be postponed in the interest of safety.

Keep an eye on famly for information about when your child will be taking part and if you have any questions do-not hesitate to get in touch.

Thank you, Laura and the pre-school team.